

Volunteer role description

HEAD AND NECK BUDDY

WE ARE
MACMILLAN.
CANCER SUPPORT

Harlow, Princess Alexandra Hospital

Have you been affected by head and neck cancer? Would you like to support current head and neck cancer patients? Do you live in West Essex or East Herts? This may be the role for you!

Bring your strong listening skills to provide emotional support to others affected by cancer. Together you can help us ensure people in Essex are able to live life, no matter what.

What's involved?

- Speak and listen to people affected by head and neck cancer whilst they are waiting for or during treatment
- Be a listening ear to others in the clinic waiting area
- Signpost to Macmillan and local support services available

What will you get out of it?

- Use your own cancer experience to make a difference to people affected by cancer in your community
- Join an enthusiastic team of people who want to make a difference, just like you
- Receive an induction, relevant training, agreed out-of-pocket expenses reimbursed within Macmillan's guidelines
- Enjoy the full support of your volunteer manager and other Head and Neck Buddies

Preferred qualities and skills

- Personal experience of head and neck cancer
- Strong listening skills
- Empathy and ability to relate and respond well to people
- Able to work well in a team
- Initiative and ability to refer complex issues to the right person when needed.

Note: This is a regulated activity, so you'll be required to have an enhanced criminal records check.

How much time should I give?

We're looking for someone who can ideally give four to six hours, once or twice a month, on Monday and Friday afternoons for six months or more.



'I get a real sense of purpose from volunteering – a real sense of helping people'
Murray, Head and Neck Buddy

Apply today by completing an online application form.

We'll contact you to discuss your application and the role in more detail, and answer questions. Contact **Amy Blake** on **07540 671514** or **ABlake@macmillan.org.uk** to find out more.

At Macmillan, we know cancer can affect everything. But right now, we can't reach everyone who needs us. Almost half of us will get cancer, and we need your help to make sure that people get the support they need. Whether it's minutes or months, hours or days, **the time you give by volunteering with Macmillan really does matter.**

Make time matter. Volunteer today.
macmillan.org.uk/volunteer – 0300 1000 200